



19991 Hall Road, Suite 105
Macomb, MI 48044

Phone: 586-247-8609
Fax: 586-247-8615
e-Fax: 586-247-8613

HEALTH HISTORY

Name: _____ Date of Birth: _____ Today's Date: _____

Medical History (any new from last visit):

☐ None

- ☐ Asthma
- ☐ Arthritis
- ☐ Heart Murmur
- ☐ Heart Disease
- ☐ Stroke
- ☐ Epilepsy
- ☐ Migraines
- ☐ Lupus
- ☐ Emphysema

- ☐ Depression/Mental Illness
- ☐ High Blood Pressure
- ☐ HIV
- ☐ Kidney Disease
- ☐ Osteoporosis
- ☐ Cholesterol
- ☐ Thyroid Disease: **Hyperthyroid**
- ☐ Thyroid Disease: **Hypothyroid**
- ☐ Ovarian Cysts

- ☐ Diabetes: **Type 1**
- ☐ Diabetes: **Type 2**
- ☐ Polycystic Ovaries (PCOS)
- ☐ Endometriosis
- ☐ Uterine Fibroids
- ☐ Cancer (please specify type) _____
- ☐ Other: _____

Social History:

☐ Single ☐ Married ☐ Divorced ☐ Widowed ☐ Female Partner ☐ Male Partner

Occupation: _____ Student: ☐ Yes ☐ No

Do you use tobacco? ☐ Yes ☐ No ☐ Previously How many packs/cigarettes per day? _____

Do you use alcohol? ☐ Yes ☐ No ☐ Previously How many drinks per day/week? _____

Do you use drugs? ☐ Yes ☐ No ☐ Previously What kind? _____ How often? _____

OB/GYN History

First day of your last period: _____

Age of first period: _____ How many days between periods? _____ How long do your periods last? _____

Cramping during periods? ☐ Yes ☐ No Flow: ☐ Heavy ☐ Medium ☐ Light Clots: ☐ Yes ☐ No

Pain level during periods (1= mild 10= severe) _____ out of 10

Are you currently sexually active?.....☐ Yes ☐ No

Is your current sexual partner(s)?.....☐ Male ☐ Female ☐ Both

Are you currently pregnant?.....☐ Yes ☐ No

Do you have a history of sexually transmitted diseases? ☐ Yes ☐ No Please specify type: _____

What are you currently using for contraception? ☐ None _____

What have you used previously? ☐ IUD ☐ Pills ☐ Condoms ☐ Patch ☐ Nuvaring ☐ Other: _____

Date of last pap smear: _____ ☐ Normal ☐ Abnormal Date of last mammogram: _____ ☐ Normal ☐ Abnormal

Date of last colonoscopy: _____ ☐ Normal ☐ Abnormal Date of last bone density: _____ ☐ Normal ☐ Abnormal

How many times have you been pregnant? _____ Number of children? _____

Date of delivery	Weeks at delivery	C-Section/Vaginal	Male/Female	Baby's birth weight	Complications
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____

HEALTH HISTORY CONTINUED

Surgical History (any new from last visit)

☐ None

Name: _____

Date	Type of Surgery
_____	_____
_____	_____
_____	_____

Date	Type of Surgery
_____	_____
_____	_____
_____	_____

Medication (please include vitamins, over the counter medications)

☐ None

Medication	Dosage (mg, IU)	How often you take
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Allergies (please include medications, environmental, and food allergies)

☐ None

Allergy	Reaction (hives, swelling, etc...)	Allergy	Reaction (hives, swelling, etc...)
_____	_____	_____	_____
_____	_____	_____	_____

Family Medical History (any new from last visit- please include relationship to you- i.e. parents, siblings, grandparents)

<input type="checkbox"/> Diabetes: Type 1 _____	<input type="checkbox"/> Stroke _____	<input type="checkbox"/> Ovarian Cancer _____
<input type="checkbox"/> Diabetes: Type 2 _____	<input type="checkbox"/> Osteoporosis _____	<input type="checkbox"/> Other Cancer (please specify) _____
<input type="checkbox"/> High Blood Pressure _____	<input type="checkbox"/> Lupus _____	_____
<input type="checkbox"/> Depression/Mental Illness _____	<input type="checkbox"/> Heart Disease _____	_____
<input type="checkbox"/> Thyroid Disease: Hypothyroid _____	<input type="checkbox"/> Emphysema _____	<input type="checkbox"/> Other (please specify) _____
<input type="checkbox"/> Thyroid Disease: Hyperthyroid _____	<input type="checkbox"/> Breast Cancer _____	_____
<input type="checkbox"/> Kidney Disease _____	<input type="checkbox"/> Colon Cancer _____	_____

Review of Symptoms (please mark any symptoms or problems you are experiencing today)

☐ No problems today

<input type="checkbox"/> Tired/Fatigue	<input type="checkbox"/> Joint Pain	<input type="checkbox"/> Incontinence
<input type="checkbox"/> Loss of appetite	<input type="checkbox"/> Loss of hair	<input type="checkbox"/> Anxiety
<input type="checkbox"/> Bleeding from gums	<input type="checkbox"/> Memory/concentration difficulty	<input type="checkbox"/> Difficulty sleeping
<input type="checkbox"/> Headache	<input type="checkbox"/> Decreased libido (sex drive)	<input type="checkbox"/> Weight loss
<input type="checkbox"/> Chest pain	<input type="checkbox"/> Ringing in ears	<input type="checkbox"/> Weight gain
<input type="checkbox"/> Shortness of breath	<input type="checkbox"/> Vomiting	<input type="checkbox"/> Lightheadedness
<input type="checkbox"/> Shortness of breath with exercise	<input type="checkbox"/> Blood in stool	<input type="checkbox"/> Breast Lumps
<input type="checkbox"/> Nausea	<input type="checkbox"/> Intolerance to cold	<input type="checkbox"/> Breast tenderness
<input type="checkbox"/> Frequent urination at night	<input type="checkbox"/> Intolerance to heat	<input type="checkbox"/> Nipple discharge
<input type="checkbox"/> Urinary Frequency	<input type="checkbox"/> Night sweats	<input type="checkbox"/> Constipation
<input type="checkbox"/> Urinary Urgency	<input type="checkbox"/> Decreased hearing	<input type="checkbox"/> Hemorrhoids
<input type="checkbox"/> Blood in Urine	<input type="checkbox"/> Diarrhea	<input type="checkbox"/> Heartburn

Concerns or problems you'd like to discuss today not listed above: _____